

What you and  
your family can do  
for **CLEAN AIR**



Drive less  
Carpool  
Ride a Bike  
Walk

Turn off the lights when you leave a room  
Don't waste hot water

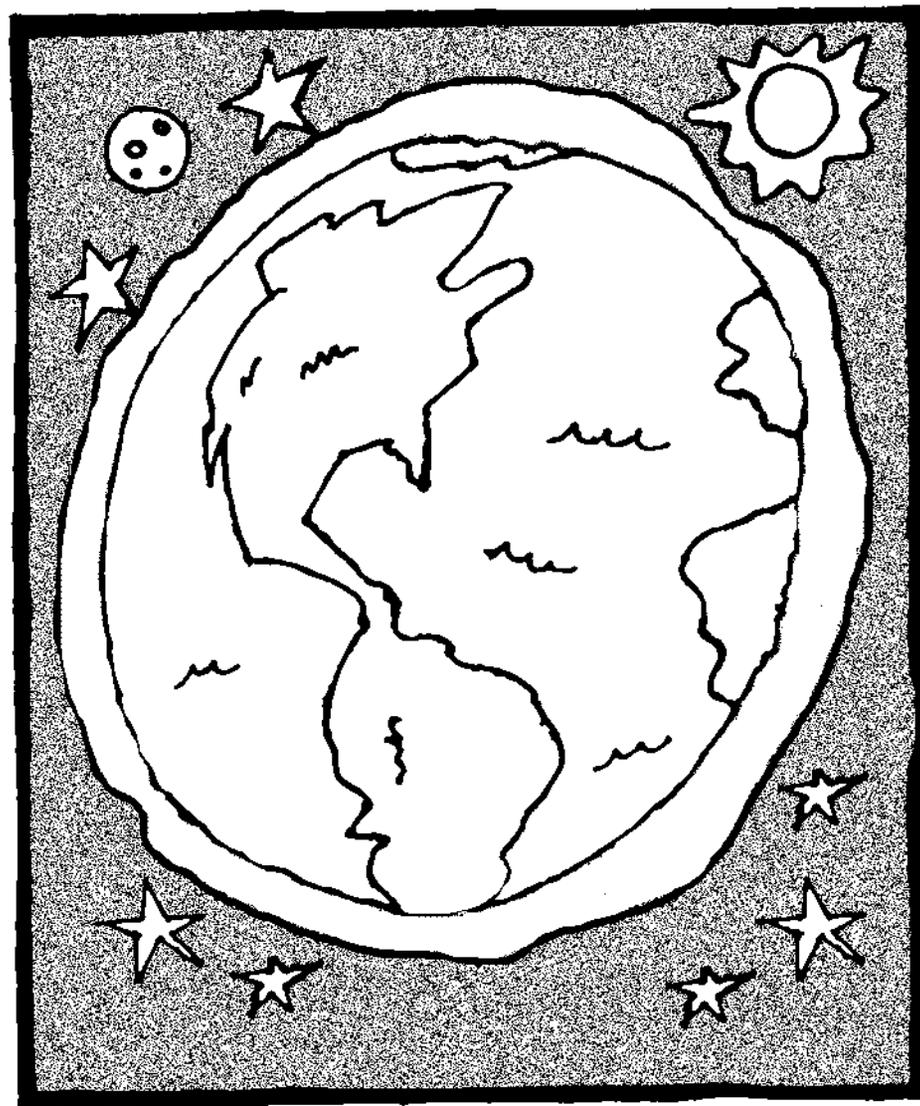
**Thank You!**



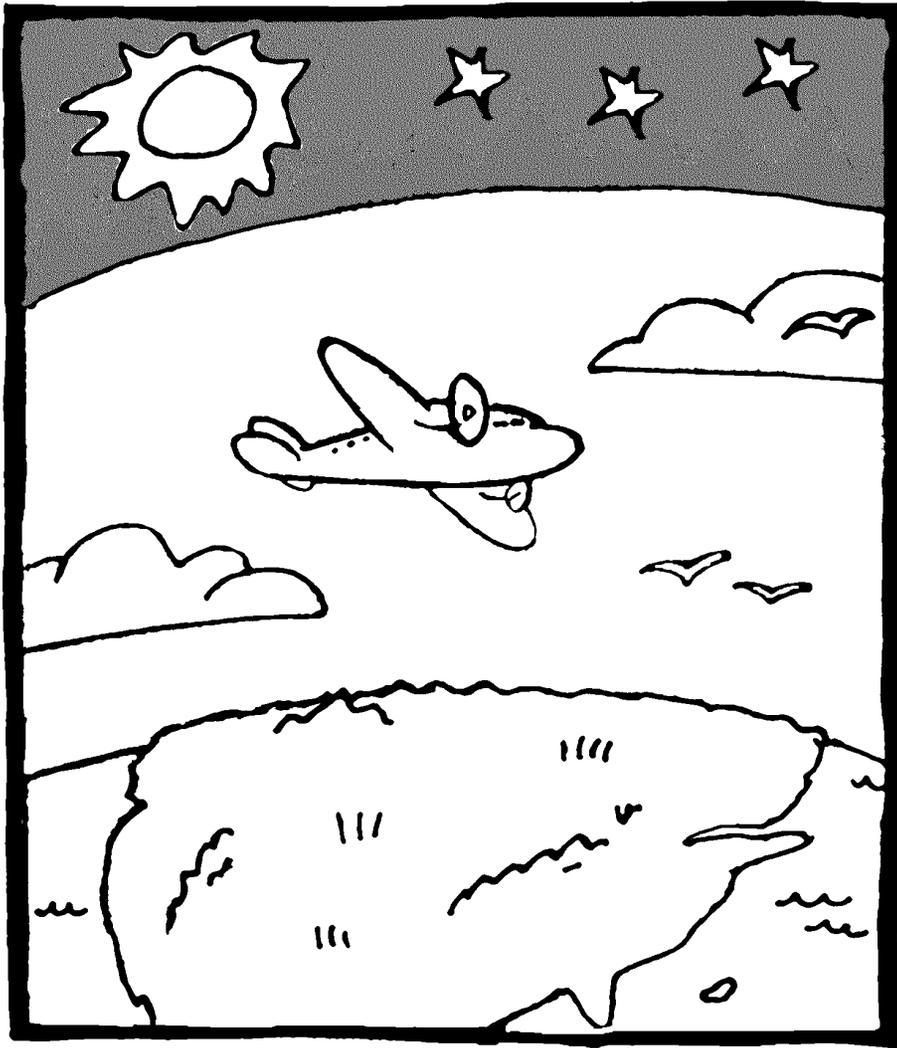
California Environmental Protection Agency  
 **Air Resources Board**

1-800-END-SMOG  
<http://www.arb.ca.gov>

# The AIR We Breathe



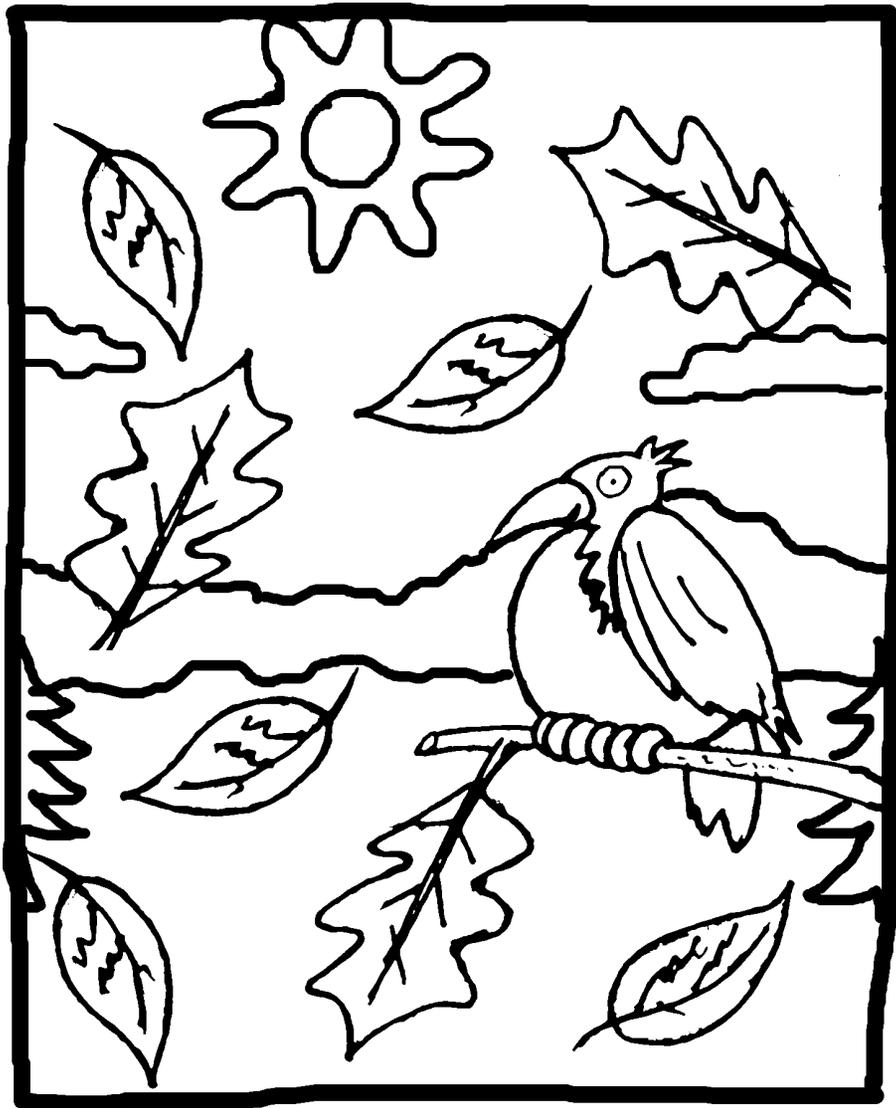
## A Coloring & Activity Book



Air surrounds the Earth.  
Birds and planes fly in it.  
Clouds float in it.



Be a hero and protect the air!  
Save energy, bicycle,  
and recycle.



Plants need air too.  
Find the leaves  
that match.



We feel the air when  
we ride a bike  
or when the wind blows.



We need clean air  
to run, play,  
and stay healthy.

Help me find and circle  
the hidden words.

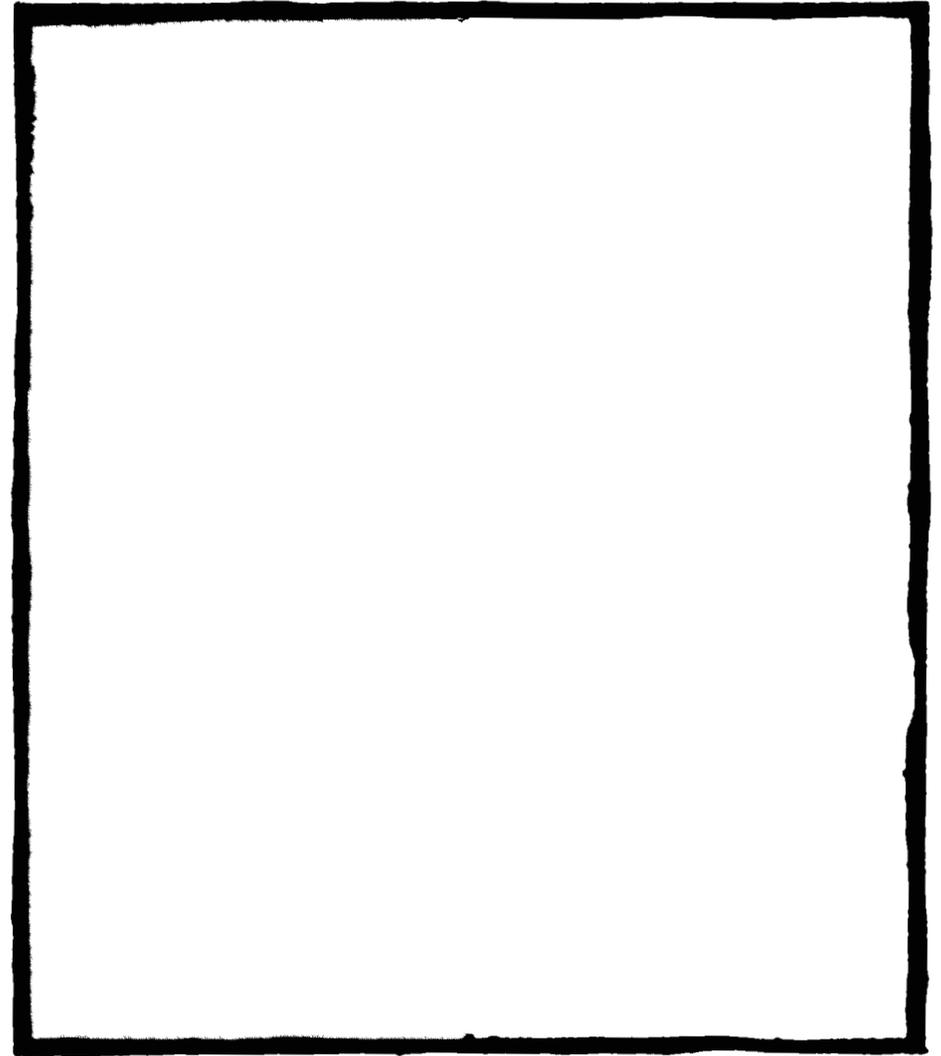
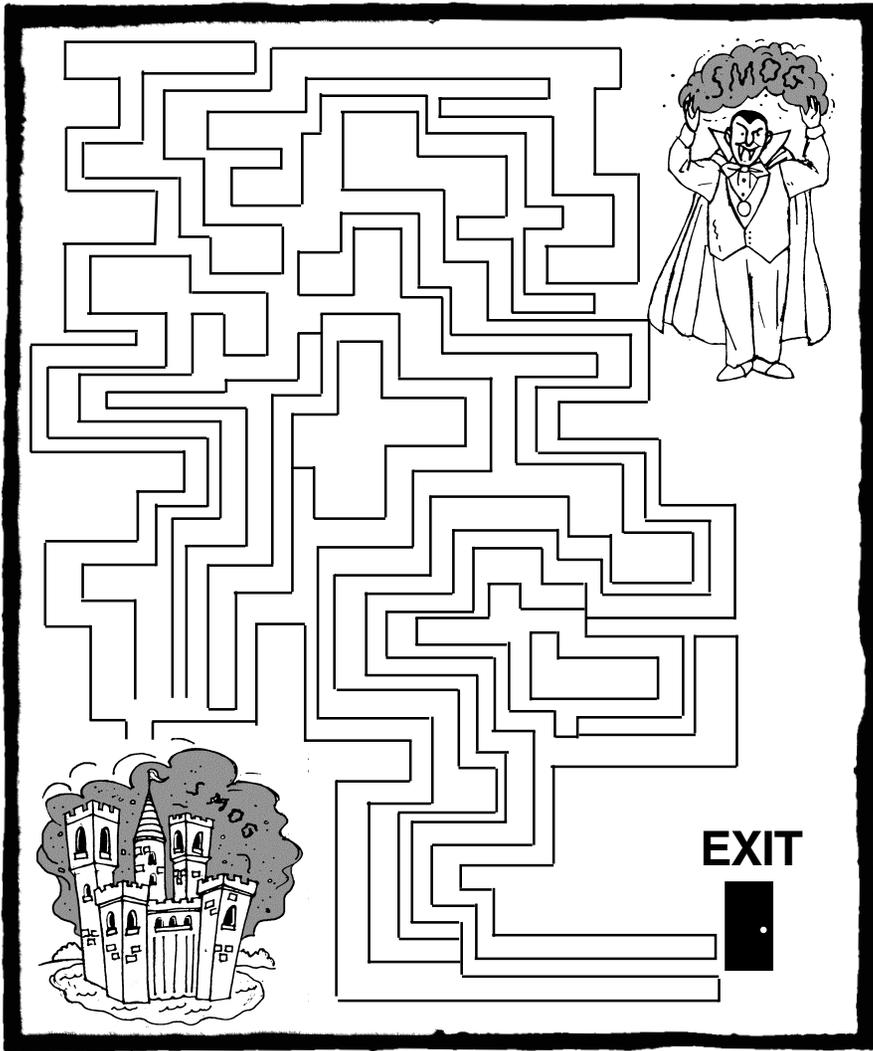
They all have  
something  
to do with  
air pollution.  
Can you tell what?



C	C	B	K	F	R	E	S	H	Q	U	A	T	P
K	U	R	A	S	T	X	C	P	W	Z	R	P	D
P	A	E	P	Q	R	E	C	L	A	B	O	F	L
C	Z	G	Y	X	B	F	Z	U	O	L	D	K	C
Q	T	U	N	O	S	E	M	K	L	U	C	D	Z
U	E	L	C	D	B	Y	A	U	B	L	D	N	Q
A	Y	A	R	C	A	D	T	W	X	P	C	S	D
L	E	T	W	H	K	I	S	I	J	S	Z	H	O
I	S	I	C	T	O	C	R	M	R	F	M	D	X
T	K	O	U	N	S	T	A	G	E	L	T	O	Y
Y	M	N	K	P	X	H	A	Q	T	U	K	C	G
D	U	S	T	M	Z	I	Z	B	G	N	H	T	E
C	O	C	P	H	C	D	F	P	U	G	J	R	N
U	Q	I	X	S	I	C	K	M	B	S	Q	U	O
Y	P	O	H	T	A	O	H	C	R	K	M	C	M
G	F	M	B	R	E	A	T	H	E	S	J	K	G

Find these words:

Pollution	Quality	Clouds	Fresh	Sick
Car	Oxygen	Eyes	Air	Smog
Dust	Lungs	Breathe	Bus	Trucks



Count Smogula has caught you and put you in his smoggy castle, but he's left the door open. Can you get out?

Draw a picture of your family doing things where they can feel the air rushing by like running or playing catch.



Every living thing needs clean air.  
Fish get air from the water they swim in.