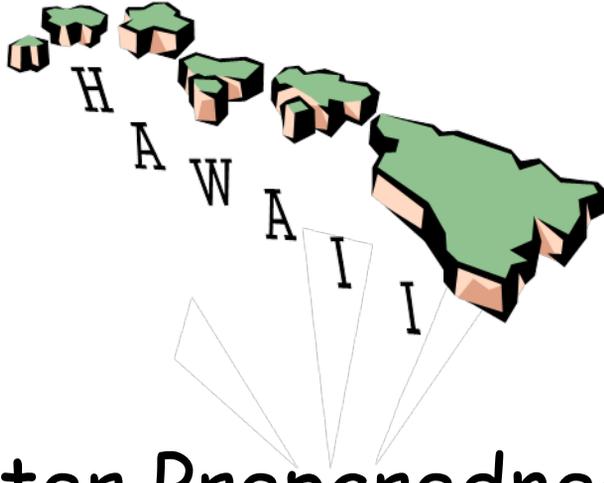
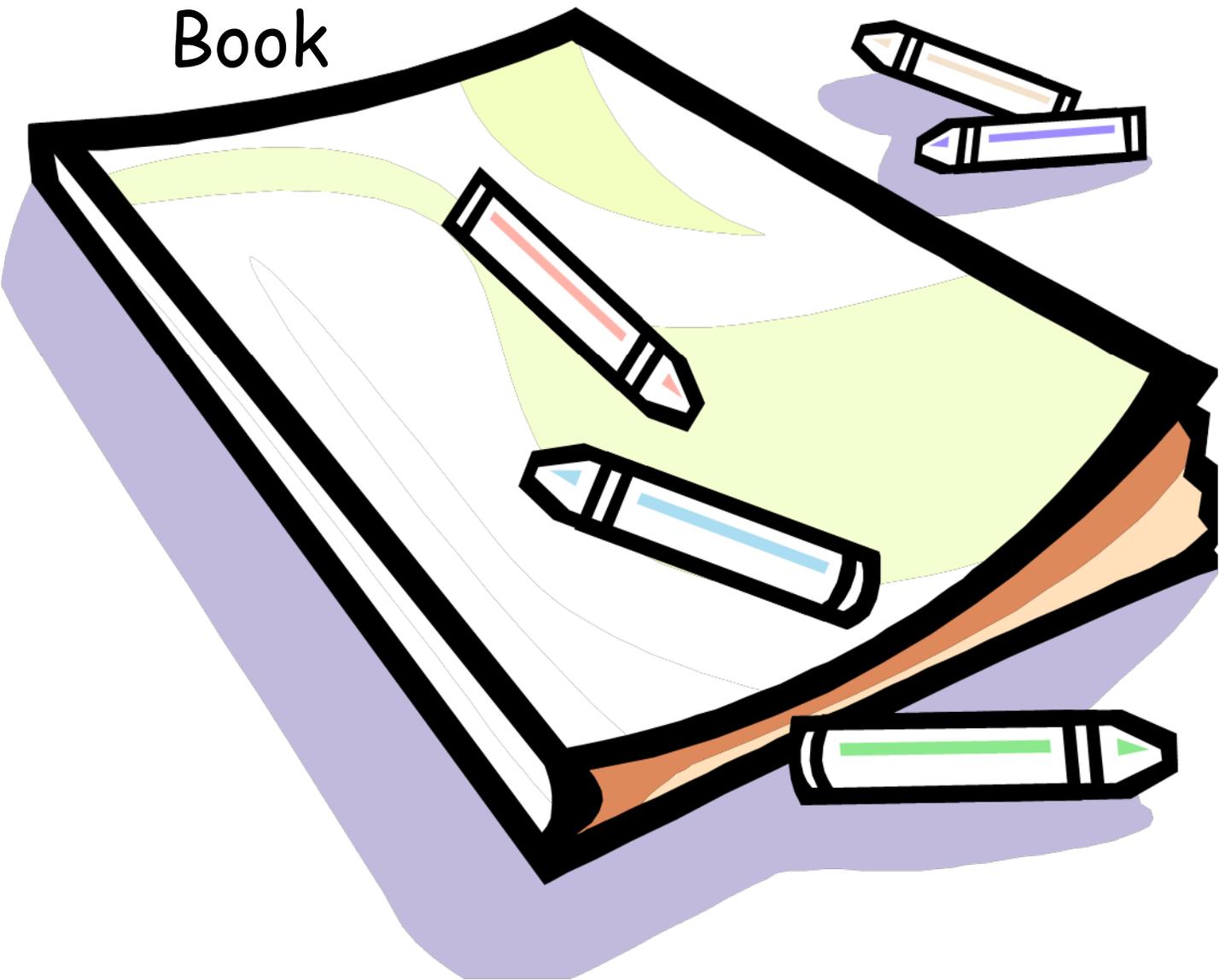


# Marine Corps Base



## Disaster Preparedness Activity Book



# Dear Parents and Educators

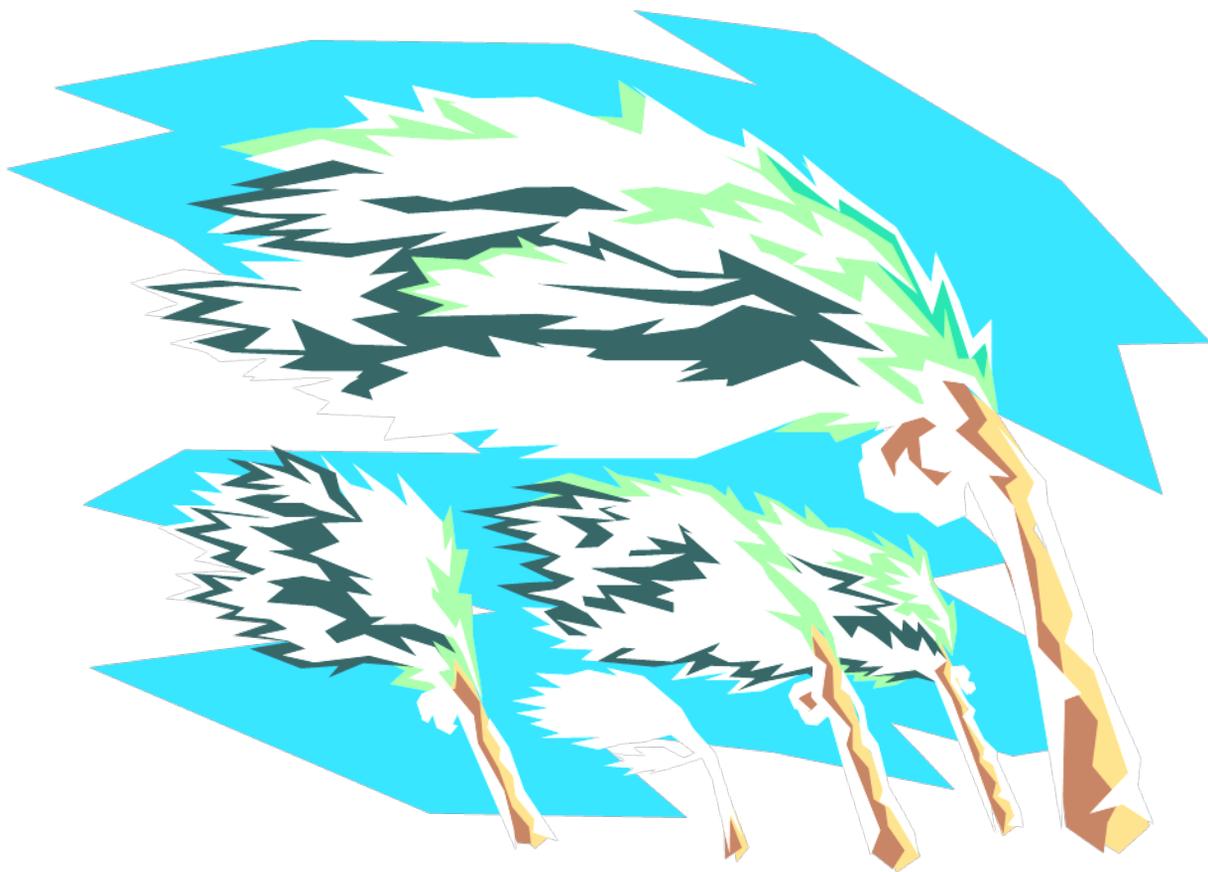
- News stories of disaster regularly make headlines around the globe. As you've watched others deal with these emergencies, you may have wondered what would happen if a disaster struck closer to home.



# HEY KIDS!

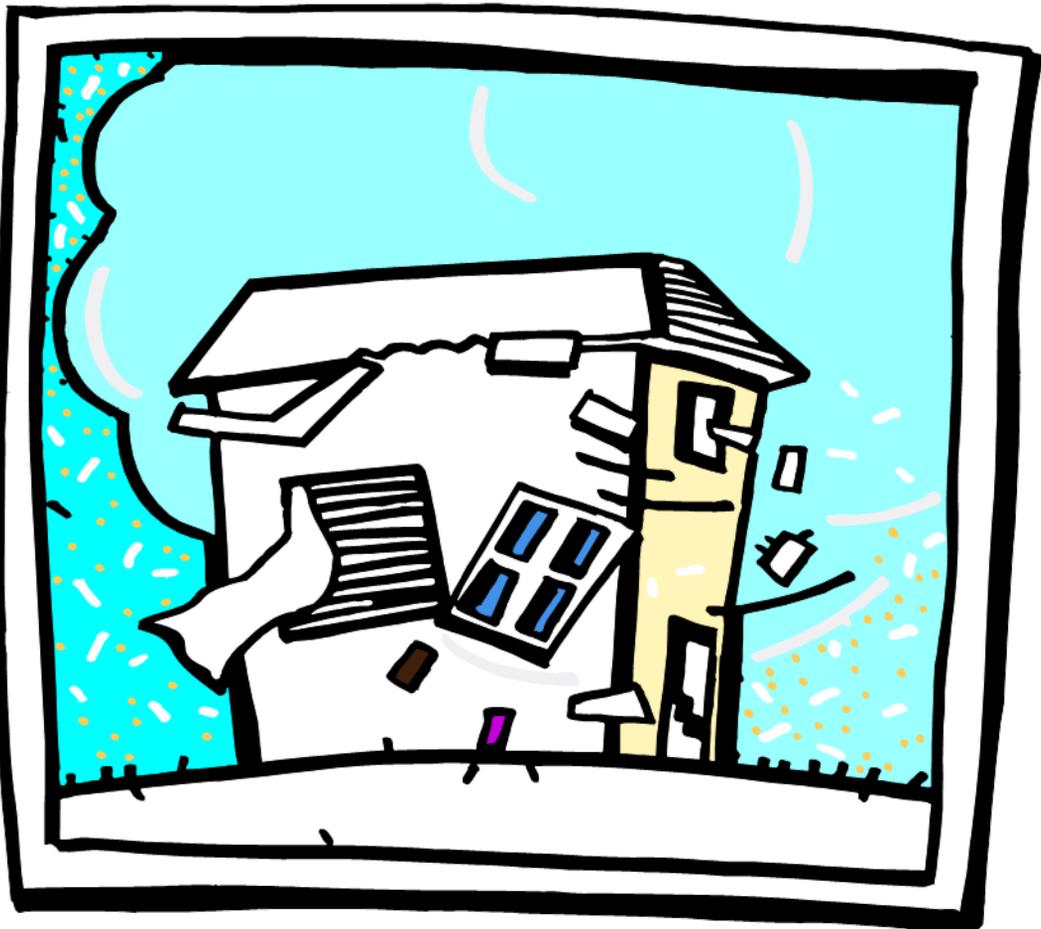
Wind makes kites fly and rain helps flowers  
Grow. But sometimes the wind blows too hard,  
Or it rains too much.

**Learn what to do when nature shows Off!**  
This book will help you. But you'll need to ask  
an adult to work with you. Get Mom, Dad, your  
teacher or an adult friend to read this book  
while you color. **HAVE FUN!**



# Nature is beautiful ...and powerful!

- Nature sometimes provides too much of a good thing...rain, wind, snow. A disaster can sometimes hurt people, causes damage to buildings, cuts off the electricity, water or the telephone. Hurricanes can happen here in Hawaii. Hurricanes come with a lot of rain and wind.



# Hurricanes

A hurricane is a tropical storm with winds reaching 74 miles per hour or more

- Hurricane winds blow in a large spiral around a calm center known as the eye. As a hurricane nears land, it can bring heavy rains, strong winds and extremely high tides.
- **Action Steps:**
- Listen to the radio or television that warn of potential hurricane conditions.
- Talk about what you would do in an evacuation. Consider where you would go and what you would take.



# Floods

Floods are the most common and widespread of all natural hazards

- Even very small streams, gullies, creeks, culverts, dry streambeds or low lying ground that may appear harmless in dry weather can flood.
- **Safety Messages for Kids**
  - If you come upon flood waters, stop. Turn around and go another way. Climb to higher ground.
  - Stay away from flooded areas...even if it seems safe, the water may still be rising. Never try to walk, swim or dive into the water because it may be moving *very fast*. **Less than six inches of fast-moving water can knock people off their feet and two feet of water can float a car.**
  - If you are in a car, get out immediately and move to higher ground.
- **Action Steps for Adults**
  - Find out if you live in a flood plain. (see map).
  - Know the elevation of your property in relation to nearby streams and shoreline so you will know if forecasted flood levels will affect your home.

**If you see flood waters, move away from them. Go to a higher place. Never play near or try to swim in flood waters.**



# PLAN

- When people know what to do, and practice in advance, everyone is better able to handle emergencies. That is why we need to create a family disaster plan.



# Emergency Phone Numbers

- There are many people who can help in a disaster, Police, Firefighters, teachers, neighbors, doctors, utility workers. Do you know how to call for help? Check the telephone directory for local emergency telephone numbers at post them somewhere easy to find later.
- My Family Name: \_\_\_\_\_
- My Phone Number: \_\_\_\_\_
- My Address: \_\_\_\_\_



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Ambulance



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Firemen



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Police



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Dad



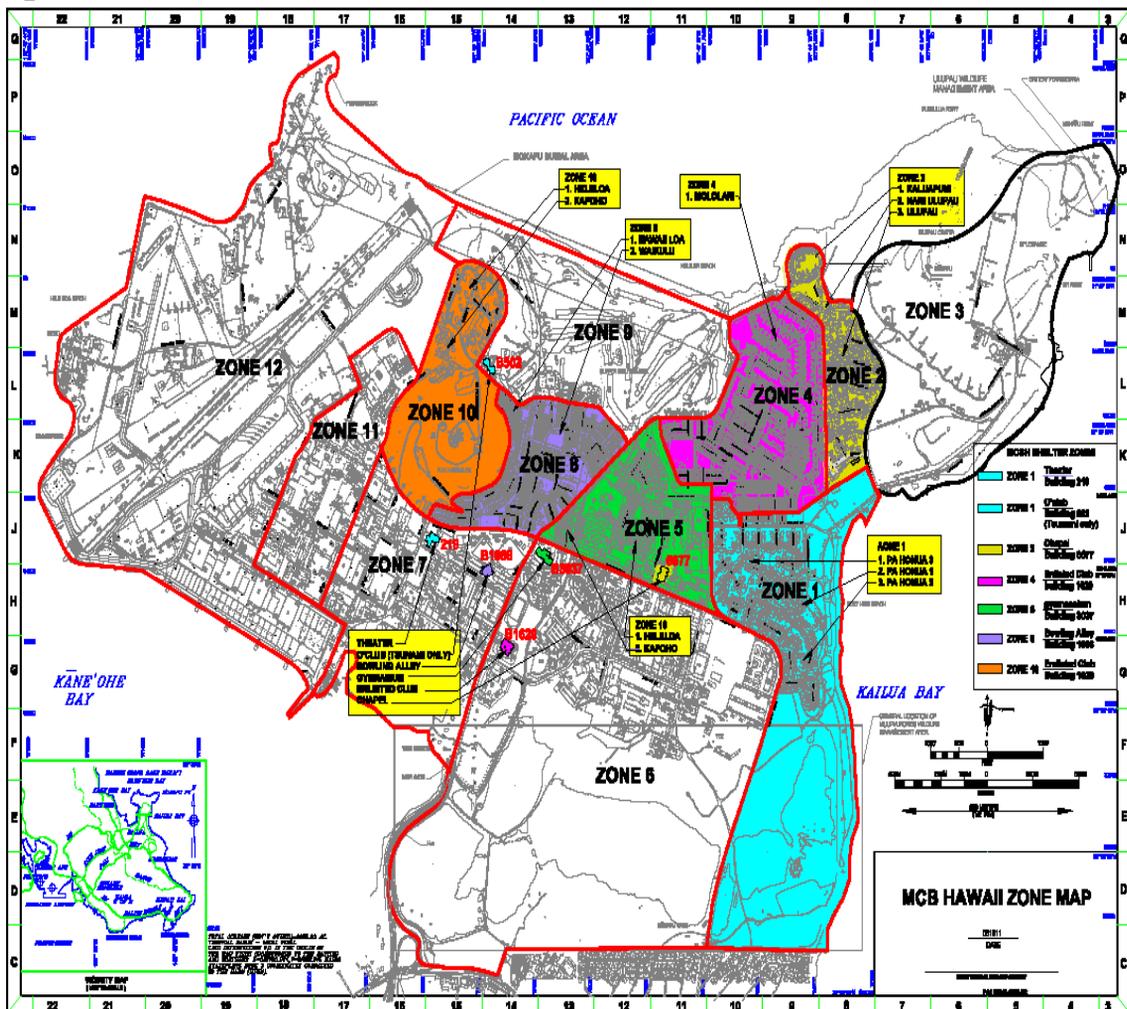
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Mom

# Do you know where your Emergency Shelters ARE?

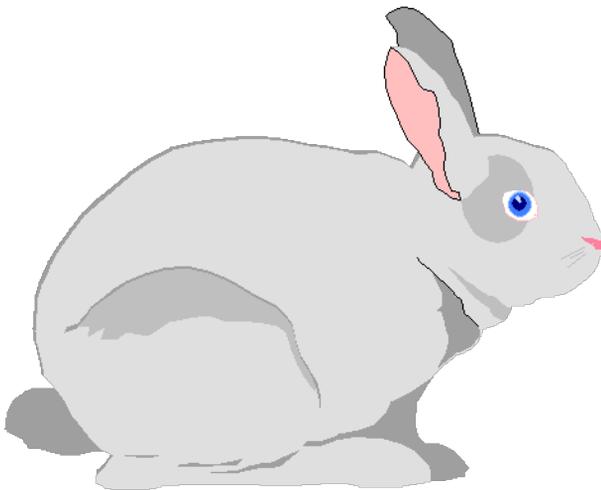
Shelters will be stood up as needed. For a Tsunami the O'Club will be utilized as a Safe Haven for restroom and climate reasons and Others may open as well depending on the time.

For other evacuations the Chapel, Gym, Enlisted Club, Child/Youth Activity bldg and or Theater may be open. Get on Hawaii Marine facebook, MCB Hawaii Website or television to find out what is open.



# PETS

Pets are not allowed in emergency shelters.  
Place your pet in a place in your house  
Like the bathroom with plenty of food and  
water.



# Disaster Supply Kit

Following a disaster, basic services, electricity, water, gas, telephones may be cut off for days. Or, you may have to evacuate at a moment's notice. You probably won't have time to shop or search for the supplies you'll need. Gather the supplies you'll need to deal with the situation now, before disaster strikes. **Fill in the blanks to uncover some of the items you may want to put in your kit.**

- W \_ \_ E R
- \_ A \_ \_ E R \_ E S
- F \_ \_ D
- M \_ D \_ C \_ N E S
- \_ A D \_ \_
- B L \_ \_ \_ E T
- \_ A M \_ \_
- \_ \_ \_ E Y
- F \_ \_ \_ H L \_ \_ H \_
- \_ \_ A \_ \_ R S
- \_ A R \_ \_
- F \_ \_ \_ T \_ I \_ \_ \_ \_
- C \_ O \_ H \_ S
- C \_ N \_ P E \_ E R
- B \_ B \_ F \_ \_ D
- At home kits should contain
  - One gal of water per person.
  - Non-perishable food: ready-to-eat canned meats, fruits and vegetables; canned juices, milk and soup; sugar, salt and pepper; high energy foods such as peanut butter, jelly, crackers, nuts, trail mix. **DON'T FORGET THE CAN OPENER!**
  - First Aid Kit with prescription medications.
  - Change of clothing, diapers and sleeping bag or blanket per person.
  - Sanitation supplies: Toilet paper, soap, personal hygiene items, games.
  - Emergency supply tools including batteries, radio, flashlight.

We can keep supplies that will help us if a disaster happens. Put together a disaster supplies kit today!



# Family Disaster Plan

Practice your plan so everyone will remember what to do!

- Hold emergency escape drills.
- Keep disaster supply kits up-to-date.

Quiz children every few months to help them remember what to do. Here are some questions you can ask right now to make sure they have learned key concepts:

1. If we are told that a hurricane is coming, what are some of the things we will do to get ready?
2. Why should you stay away from flood waters?
3. Who will you call for help in an emergency? Where can you find these telephone numbers?
4. What are some things you want to put in your disaster supply kit?
5. What should we do with our pets?
6. Where are some of the shelters on Base?



# DISASTER RELIEF

