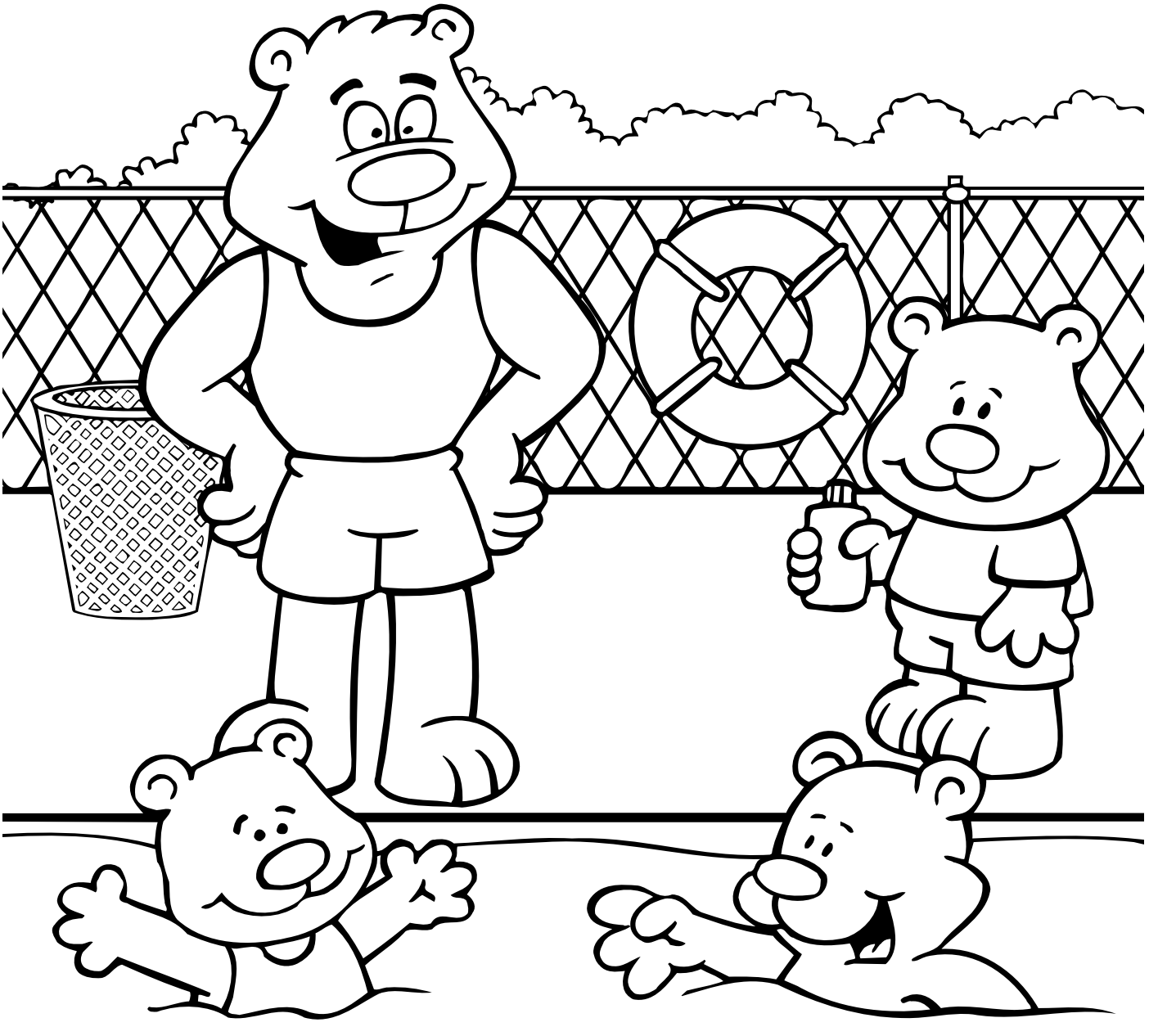
STOP LOOK & learn

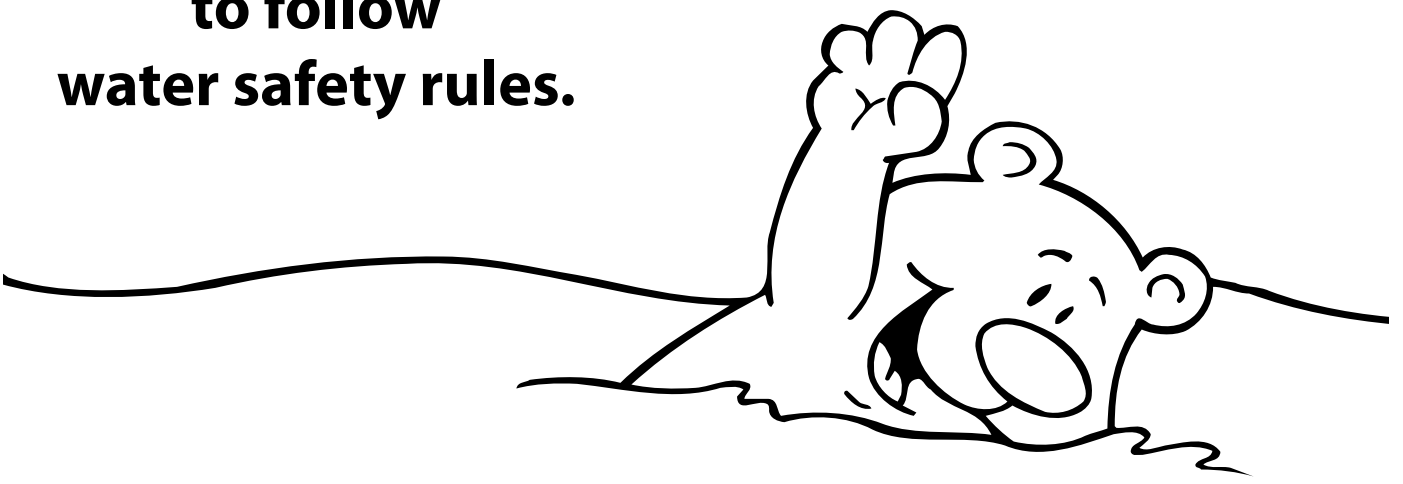
Water Safety

An Educational Coloring & Activity Book



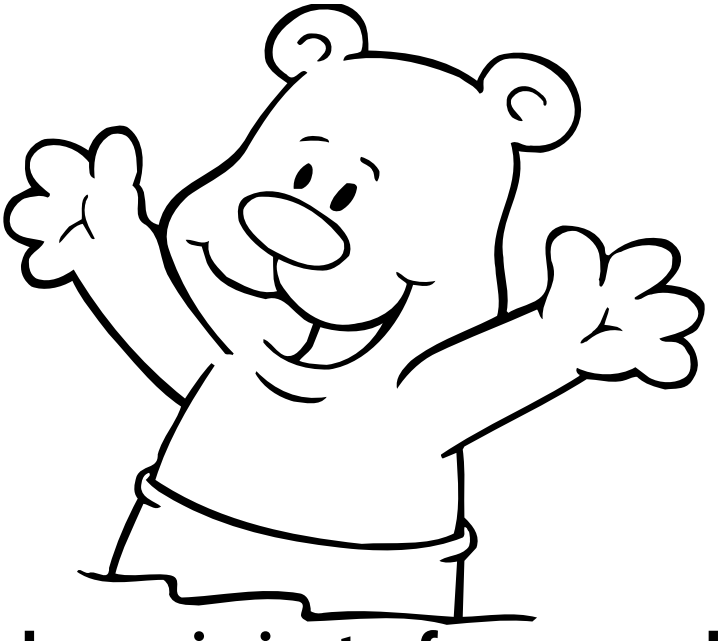
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It is important to follow water safety rules.



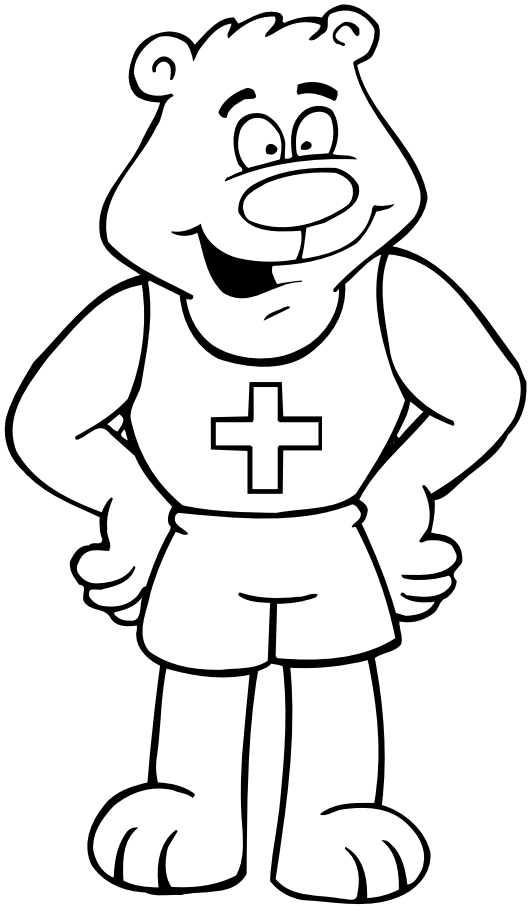


Always swim with a buddy, and keep an eye on each other.



Remember, a child can drown in just a few seconds. So, never leave a child unattended — not even for one minute! Parents, if your child is in the water, you should be, too!

1 = a
2 = b
3 = c
4 = d
5 = e
6 = f
7 = g
8 = h
9 = i
10 = j
11 = k
12 = l
13 = m
14 = n
15 = o
16 = p
17 = q
18 = r
19 = s
20 = t
21 = u
22 = v
23 = w
24 = x
25 = y
26 = z



Match the letters to the numbers and write the secret message!

___	___	___	___	___	___	___	___
18	5	13	5	13	2	5	18

___	___		___	___	___	___	
20	15		19	23	9	13	

___	___	___	___	___	___	!
19	1	6	5	12	25	

ANSWER: Remember to swim safely!

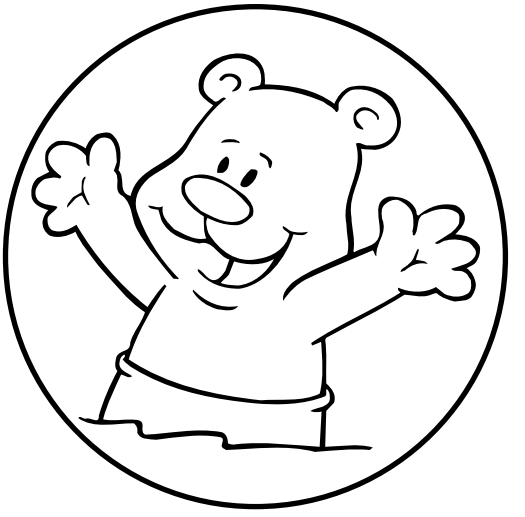
There is no substitute for knowing how to swim. Toys will not keep you safe in the water!



Inflatable toys are fun to play with, but they are not meant to keep you safe. It is important to learn to swim. You can take lessons from a qualified instructor or adult who will teach you how to swim and be safe around water. Always wear a life jacket if you do not know how to swim.



Unscramble the words.



1. rerpevesr _____
2. cnruesens _____
3. hiapsnslg _____
4. ivndgi _____
5. etsfya _____
6. misnwmgi _____
7. altaibnlef _____
8. gfularide _____

ANSWERS: 1. preserver 2. sunscreen 3. splashing 4. diving 5. safety 6. swimming 7. inflatable 8. lifeguard

Never run around a pool. The water makes the cement or tiles very slippery and you could easily slip and fall.



FOR THE PARENTS

Follow this Safety Checklist!

- **Pay attention to kids when they are in or near the water. Don't engage in distracting activities like phone calls, texting or reading while acting as a water-watcher!**
- **Keep toddlers in shallow play areas and always be within an arms length of them.**
- **Avoid water wings or inflatable toys. Use life jackets approved by the U.S. Coast Guard.**
- **Warn kids about swallowing the water.**
- **Don't let kids swim when they are sick or have had diarrhea within a few days of a trip to the pool.**
- **Protect children from the sun — use plenty of sunscreen.**
- **Secure all gates, doors and windows leading to backyard pools.**
- **NEVER consider children water safe despite swimming skills!**



- **Remember, if your child is in the water, you should be too!**



Find your way through the maze!

Start

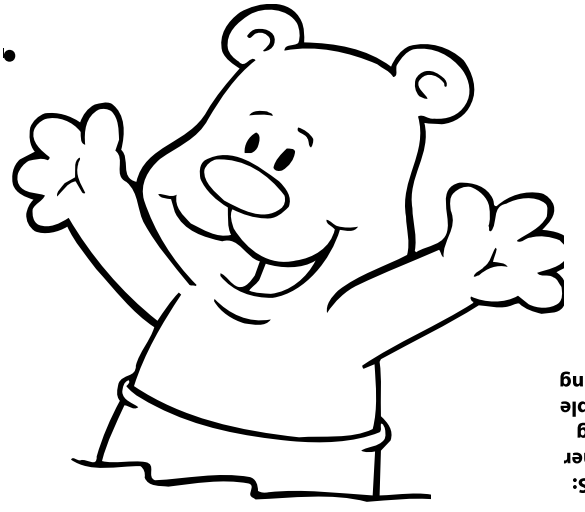
Finish

POOL SAFETY RULES

- Always obey the lifeguard.
- No running, splashing or dunking.
- Never swim alone. Always use the buddy system.
- Watch where you are diving.
- Stay out of the water if you are sick or have diarrhea.
- Wear sunscreen.
- Be considerate of others.
- Keep glass and electrical items AWAY from the water.
- Learn to swim. If you haven't learned to swim, wear a life jacket.
- Always designate a parent or guardian to be a water-watcher. As a water-watcher you should avoid reading, talking on the phone or doing anything distracting.

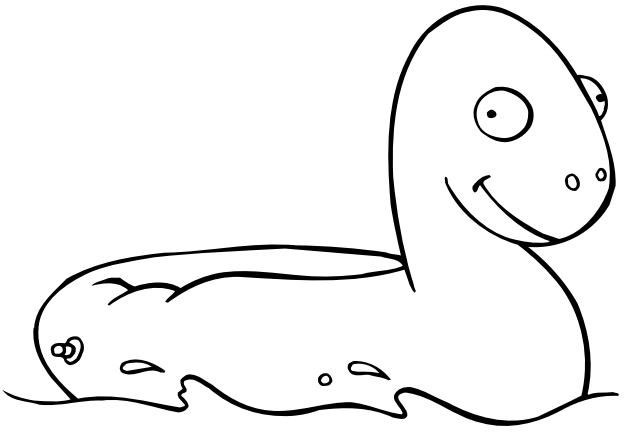
Fill in the missing letters.

1. sw___m___e___
2. f___oa___i___g
3. ___nf___at___ble
4. spl___sh___n___



ANSWERS:
1. swimmer
2. floating
3. inflatable
4. splashing

Find and circle the words in the puzzle.



LIFEGUARD
SLIDE
CAREFULLY
POOL
SWIMMING
WATER
SAFE
RULES
SLIPPERY
SPLASH

S	C	A	R	E	F	U	L	L	Y	E
W	L	I	F	E	G	U	A	R	D	Q
I	Q	I	Q	T	I	W	P	G	N	U
M	A	R	D	B	S	A	C	O	D	I
M	B	G	L	E	N	T	B	L	O	P
I	S	L	I	P	P	E	R	Y	M	L
N	U	A	N	R	S	R	U	L	E	S
G	R	G	F	T	Z	M	G	A	K	N
Z	K	A	T	E	S	P	L	A	S	H