

## World Food Day – October 16<sup>th</sup>

**Target audience (age):** Ensino Fundamental 2, 8<sup>th</sup> and 9<sup>th</sup> grades

**Aim:** get more information about the problem the world is facing concerning food and hunger

**Duration:** 50 min

**Organization:** individual / group work (teacher's choice)

**Material:** worksheet

**Preparation:** make copies of the worksheet

### **Information for the teacher:**

***When:** October 16<sup>th</sup>*

***Celebration:** The World Food Day is celebrated in order to make the world aware of the food problem and what can be done to minimize hunger in poor areas. Also, it aims to make people conscious of the importance of healthy eating and having access to healthy food.*

### **Procedure:**

- Ask students what they know about the hunger problem around the world and in our own country.
- Start a conversation about what they think people should eat to be healthy. Ask students why many people around the world are hungry and consequently, what can be done to minimize or even solve this problem.
- Tell them they're going to read a text about this topic and why it's necessary to have a special day to talk about food.
- Hand out the worksheets and explain what they have to do.
- After they've finished, check what they did.
- Have a poster exhibition with posters made by the students on the topic.

## World Food Day – October 16<sup>th</sup>

### 1. Read.

#### World Food Day is a day of action against hunger

World Food Day is a day of action against hunger. On October 16, people around the world come together to declare their commitment to eradicate hunger in our lifetime. Because when it comes to hunger, the only acceptable number in the world is zero.

World Food Day celebrates the creation of the *Food and Agriculture Organization of the United Nations (FAO)* on October 16, 1945 in Quebec, Canada. First established in 1979, World Food Day has since then been observed in almost every country by millions of people.

#### Why care about hunger?

***Because the right to food is a basic human right.*** In a world of plenty, 805 million people, one in nine worldwide, live with chronic hunger. The costs of hunger and malnutrition fall heavily on the most vulnerable.

- 60% of the hungry in the world are women.
- Almost 5 million children under the age of 5 die of malnutrition-related causes every year.
- 4 in 10 children in poor countries are malnourished damaging their bodies and brains.

Every human being has a fundamental right to be free from hunger and the right to adequate food. The right to adequate food is realized when every man, woman and child has the physical and economic access at all times to adequate food.

(Adapted from <http://www.worldfooddayusa.org/what-is-wfd>. Accessed on August 30th, 2015.)

### 2. Vocabulary. Match the words to their meanings.

- a) eradicate
- b) worldwide
- c) vulnerable
- d) malnourished
- ( **B** ) across the world, global
- ( **A** ) to put an end to
- ( **D** ) suffering from malnutrition
- ( **C** ) in danger, unprotected

### 3. How can you explain the sentence “*Because when it comes to hunger, the only acceptable number in the world is zero*”? Choose the best alternative:

- a) Hunger is getting to level zero in most countries.
- b) Hunger shouldn't exist in the world.**
- c) It's acceptable to have hunger in some countries.

4. Who the author of the text is referring to when he writes the most vulnerable in line 13?

*(Answers may vary, but can include the poorest people and countries.)*

5. According to the text, what facts prove that hunger is a very serious problem?

*- 60% of the hungry in the world are women.*

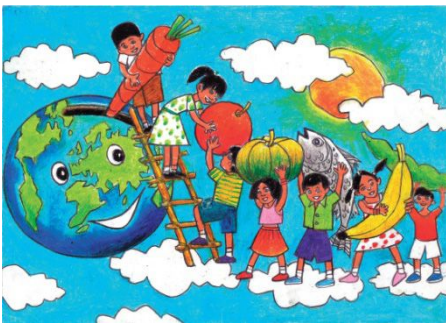
*- Almost 5 million children under the age of 5 die of malnutrition-related causes every year.*

*- 4 in 10 children in poor countries are malnourished damaging their bodies and brains.*

6. "Every human being has a fundamental right to be free from hunger and the right to adequate food." What other rights does every human being have?

*(Answers may vary, but can include every human being have the right to education, health, housing and security.)*

7. How can you get people to commit to end hunger? Make a poster that encourages everyone to start action. Present your poster to the class and describe it. Check this examples found in the World Food Organization site.



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