

JOINT
CONGRESSIONAL
COMMITTEE
ON
INAUGURAL
CEREMONIES



Fifty-Seventh

Presidential Inauguration

January 21, 2013

Herb Roasted Pheasant with Wild Rice Stuffing

Served at the Inaugural Luncheon, 2009

Ingredients

- 10 pheasant breasts, boneless, Remove tenders and reserve for stuffing, cut small pocket in side of breast for stuffing
- ½ cup olive oil (with chopped rosemary, thyme and sage)
- 1 pound long grain wild rice
- 2 quarts chicken stock or canned chicken broth
- 2 carrots, diced
- ½ onion, diced
- ½ cup dried apricot, diced small
- 1 tablespoon salt and pepper mix
- 2 tablespoons garlic, roasted

Preparation

1. Boil the rice with the chicken stock, cook until soft and most of the liquid is gone.
2. Add the onion, carrot, garlic and apricot. Cook until the vegetables are soft and all liquid has been absorbed. Refrigerate rice mixture until cold.
3. In a food processor, puree pheasant tenders to a paste consistency to use as a binder for rice mix.
4. When rice is cool, add the pheasant puree to the rice until well mixed. Adjust seasoning with salt and pepper and return to refrigerator until ready to stuff.
5. Preheat oven to 400 degrees F.
6. Make 10 small football shaped patties of the rice mix, stuff inside the pheasant, being careful

Additional Information

Course:

Servings: 10 servings

not to overstuff the pheasant. Rub herb/oil mixture on top and bottom of the pheasant, season with salt and pepper.

Place the pheasant on a heavy gauge roasting pan and then in a preheated oven for approximately 8-10 minutes.

Remove from oven and cover with lid or foil and allow to rest for 10 minutes.

Serve over sauté of spinach.

Notes

- Pheasant can be substituted with chicken.